# London Magazine

LUXURY HEALTH SPECIAL

LUXURY LIFESTYLE, PRIME PROPERTY

## ULTIMATE WELLNESS ACHIEVE YOUR NEW YEAR GOALS

Bedrooms for perfect slumber • Marvellous Marylebone • Wealth trends in 2023 • Adventure travel to inspire





## **FOOD & DRINK**

## MARYLEBONE IS ONE OF LONDON'S MOST FASHIONABLE AREAS, SO DINE IN STYLE ON YOUR DOORSTEP WITH THESE OPTIONS

#### JUNSEI 132 Seymour Place

Meaning 'pure', Junsei's traditional yakitori, combines simple, but soulful flavours from savoury to sweet. Surrounded by calming interiors, choose from a range of sharing plates from tebasaki (chicken wings) to okra and eryingi-mushroom. Junsei's delivery service, Tamashi by Junsei, blends modern flair with ancient technique at home.

junsei.co.uk

### 28-50 WINE AND WORKSHOP 15-17 Marylebone Lane

The seasonally-changing menu means diners will continue to discover new food-wine pairings. Whether celebrating or catching up with friends, 28-50 balances both style and taste. If you venture to 28-50 by Night on Wigmore Street you'll find a hidden jazz gem. **2850.co.uk** 

## CHILTERN FIREHOUSE 1 Chiltern Street

Set in an 1800s fire-station-turned-luxuryhotel, the award-winning restaurant has a contemporary cooking style. With underlying American accents on the menu, diners can find boldly flavoured delights such as burrata, lobster campanelle with collard greens and lemon pangrattato.

chilternfirehouse.com

### ST JOHN 98 Marylebone Lane

The newest and third St. JOHN is an all-day, wine-led space. Synonymous with excellent food, for breakfast find treats from St. JOHN's bakery in Bermondsey. With a daily updated menu, diners can expect traditionally wholesome British favourites.

stiohnrestaurant.com

## THE MONTAGU KITCHEN & LOUNGE 30 Portman Square

The perfect spot for brunch with friends, the new breakfast menu at The Montagu serves morning favourites with a Sunday lunch twist. Tap your foot along to live music renditions of popular hits, and raise a glass by booking the 'bottomless bubbles' option.

themontagurestaurant.co.uk

#### OTTOLENGHI 63-65 Marylebone Lane

Both a deli and restaurant, colourfully inviting displays on those iconic white counters await. Expect everything from mezze feasts to delicious granola and fresh juices to start the day. No reservations required. ottolenghi.co.uk





## SCHOOLS

Marylebone's excellent schools take advantage of the cultural riches on their doorstep, with the arts being prominent. For ages 10-15, *The Sylvia Young Theatre School* on Nutfield Place (syts.co.uk) combines high academic standards with world-renowned drama, dance and singing. Alumni include Amy Winehouse, Rita Ora and Billy Piper. The arts are also strong at Queen's College (acl.org.uk, inset) on Harley Street, with its prep school on Portland Place (qcps.org.uk). Established in 1848, it educates from

reception to year 13. 'Old Queens' include

creative powerhouses Gertrude Bell, Jacqueline du Pre and Dame Anna Wintour. *Portland Place School* (portland-place. co.uk) is a nurturing co-ed for 10-16 year olds, with small class sizes. *St Marylebone CE School* on Marylebone High

Street offers an education grounded on Christian

values (stmarylebone.school), from year 7 to sixth form. And on Marylebone Lane, Wetherby Senior offers boys aged 11-18 a strong global outlook, with many leavers attending world-class institutions outside the UK, especially North America (wetherbysenior.co.uk).

