

Travel news

WORDS: CRAIG HOUGH



Step Into A Savoie Summer

Château de Candie invites families to step into a Savoie summer this year with a host of new alpine adventures for all ages. Located in picturesque Chambéry, just an hour from both Geneva and Lyon airports, the 25-room residence sleeps up to 60 and provides the quintessential Savoyard escape for the whole famille.

Open until 31st October, Château de Candie has introduced a number of new experiences for families. From canyoning in Savoie's most spectacular natural waterpark and water sports on the glacial Lac du Bourget to picnics in the vineyards and cultural visits to local towns and villages - endless family fun awaits.

purplesummer.com

RECHARGE RETREAT

Holidaymakers looking for the ultimate break to unwind and recharge can now travel to Iceland on a wellness experience that is designed to help you drift off into a deep and restful sleep.

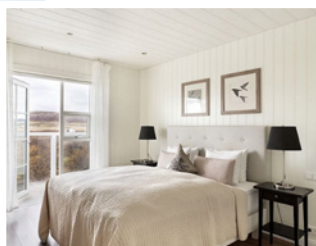
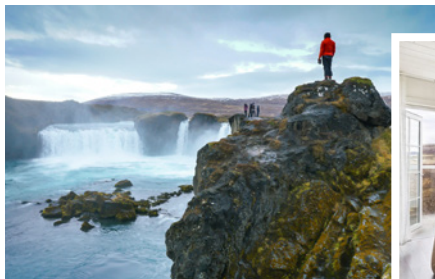
The recently launched, 'Recharge Retreat', has been planned to include everything from fresh locally sourced food to workshops and wellness activities designed to recalibrate the body and mind to combat stress and help guests achieve the best possible quality sleep.

Located in the Golden Circle in Iceland, guests will arrive at Hotel Grimsborgir for a 3-night journey into personal wellbeing – whilst surrounded by the beauty of Iceland's natural landscapes.

Upon arrival, guests will be welcomed with relaxing loungewear, custom aromatherapy blends, and a guide to the retreat's "Sleep Journey".

Over the course of the 4-day experience, guests will take part in a number of activities, including guided muscle relaxation, yoga, mindful journaling, speaking to a sleep expert about their own sleep concerns, thermal baths, massage and carefully curated meals using locally sourced ingredients known for aiding digestion and calming qualities.

conscious-travel.co.uk



NEW LAUNCH: Luxury Culinary Week in Provence

This September, Stirred Travel is introducing its first luxury culinary week hosted by the highly regarded chef Henry Harris, who opened Bouchon Racine in London to critical acclaim. This experience will be combining immersive cooking lessons from acclaimed chefs with exceptional regional food, relaxed house-party hospitality, exclusive access to local producers and tables at the best local restaurants.

The gastronomic house party with chef Henry Harris takes place from 1 to 7 September in a restored 18th century Provencal bastide and will offer guests hands-on cooking sessions with Harris as well as cultural and foodie trips out.

The bastide was sensitively renovated in 2023 in keeping with its charm and character and features 11 ensuite rooms, a swimming pool, extensive gardens and original stone staircases and fireplaces. Relaxed al fresco meals are taken on the verandah shaded by 200-year-old plane trees or on a terrace outside the kitchen or by the pool. All dinners are paired with carefully selected regional wines, chosen for interest as well as outstanding production.

stirredtravel.com

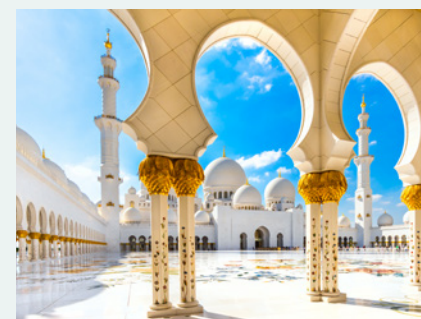


The Travel Insider

WORDS: Phil Aird-Mash

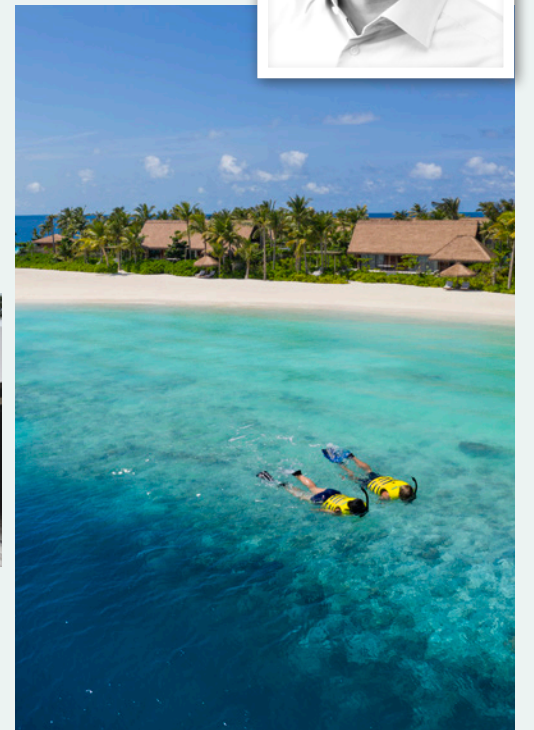
When planning family travel, I always encourage people to think beyond a simple break. Trips that venture beyond the standard beach holiday often open young minds to new cultures, wildlife and ways of life - experiences that stay with you long after the holiday ends.

For winter sun with a dose of culture, the Middle East is hard to beat - but be sure to book early. Abu Dhabi is a fantastic option for sports-loving families; the Abu Dhabi Grand Prix in early December is a real spectacle and perfect if you have a special celebration to mark. Beyond the racetrack, the city offers plenty of ways to add some educational moments, too. Visit the magnificent Sheikh Zayed Grand Mosque or explore the Louvre Abu Dhabi, where you can experience something



unique by kayaking around its striking dome. If you're craving tropical beaches afterwards, it's easy to add on the Maldives for snorkelling adventures that bring marine life up close.

For an Easter or May half-term escape with a difference, Cambodia is well worth considering. Shinta Mani Wild is a standout resort where, during a stay in one of 15 exclusive luxury tents, families can head out to join rangers patrolling the jungle or help naturalists gather data on local wildlife. To pack in extra culture and adventure for older kids, why not combine it with a journey around Vietnam's temples?



Looking ahead to next summer, Canada is ideal for families with teens who love the great outdoors. A journey from Calgary to Vancouver is packed with adventure - think white water rafting down the Horseshoe Canyon, zip-lining through Fitzsimmons Valley and whale watching across the Gulf Islands. With so much to see and do along the way, it's worth planning early to secure the best experiences. inspiringtravel.co.uk



New Hotel Hyll Opens In The Cotswolds

This September, HYLL will open its doors in Charingworth, just outside Chipping Campden. A carefully restored 17th-century manor house set within 60 acres of meadow, woodland and view-filled hills, the new hotel invites guests to take things slowly.

The Grade II-listed manor and outbuildings house 26 thoughtfully designed bedrooms and suites, with interiors by Manchester studio YOUTH that blend English character with a modern, understated warmth. Guests can expect hand-finished plaster, Cotswold stone, natural textures and tactile details, from Naturalmat beds and soft linens to a growing collection of sculptures across the grounds.

At the heart of HYLL is a restaurant led by chef Mark Coleman, celebrating seasonal local produce with unfussy, flavour-led dishes. Beyond the food, guests can join monthly countryside walks, literary supper clubs, and guided meditations designed to help them switch off.

hyllhotel.com

