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# HONEYMOON

## News:

### SPA SPECIAL

Travel editor Melissa Cullen reveals new openings and honeymoon essentials



#### THAILAND

Aleanta Retreat Chiang Mai is a new property in Northern Thailand. The spacious 44 rooms, one-and-two-bedroom pool residences and leak villa, merge traditional Thai design with a soothing palette of natural hues, sophisticated furnishings and tech-savvy facilities.

Embracing its spiritual location in the ancient city of Chiang Mai, the resort is home to one of the brand's signature wellness centres. Retreats are enriched by healthy cuisine and a wellness cooking class, as well as bespoke nutritionist-led plans with plant-based options. Aleanta Retreat Chiang Mai enables couples to work with a resident 'water healer', doctor, nurse and nutritionist to achieve optimum wellness and balance.

Elevated gastronomy is available at the resort's restaurant, which offers breakfast, lunch and a refined menu in the evening. Menus have been curated to provide nutritious dishes that preserve the Flavours of traditional Northern Thai cuisine alongside Western cuisines with a Lanna twist.

For more information, visit [www.aleanta.com](http://www.aleanta.com)



#### ITALY

Hilove Lake Como in Italy is offering new spa treatments for guests and locals at its award-winning aForea Spa and Health Club. A celebration of Lake Como's centuries-old tradition of silk craft and the property's history as a former silk factory, the 'Signature Silk Touch Treatment' harnesses the material's relaxing and soothing benefits. Tailored entirely to the couple's needs, the therapist will select an aromatic oil, then the skin is prepped to release toxins and the flowing massage works away areas of tension, encouraging optimum circulation.

Hilove Lake Como is a new-generation hotel with spectacular scenery, traditional charm, and jaw-dropping 360-degree views of the lake from its rooftop pool. Steeped in history, it's home to 170 spacious guest rooms, with a variety of stunning suites to choose from, and a popular rooftop cocktail bar and restaurant.

Check out [www.hilove.com](http://www.hilove.com) for more information.



#### CROATIA

Recently renovated for 2023, the Volcano Lozovac Dubrovnik Hotel offers luxury rooms and suites, a range of fabulous amenities and an exemplary culinary offering across multiple restaurants, including its new Mezzino Snack Bar and redesigned à la carte restaurant.

Creating the ultimate rejuvenation experience is the hotel's luxurious Balance Mediterranean Spa, which has been fully upgraded with a complete redesign of bath to wellness area and indoor pool. With complimentary access to the 'Volcano Signature Wellness Programme', guests can relax in the steam bath, Finnish sauna, soft sauna, sauna lounge, indoor pool and room with water beds. Those looking to indulge even further can book one of the spa's extensive treatments, including soothing massages and refreshing facials.

Read over to [www.volcano.com](http://www.volcano.com) for more information.



#### MALDIVES

The eco-luxury resort, Gill Lankafushi, has announced a new 'Ultimate Vinotherapy Wellness Journey' at its award-winning Meera Spa. The 150-minute wellness experience includes a relaxing foot ritual followed by a pampering body exfoliation. Next, guests are wrapped in a unique blend of cabernet, clay and fresh grapes to cleanse and tone the skin while boosting circulation. Couples will then enjoy a deep muscle fusion massage, leaving them floating on a cloud before they step into a candlelit rose and wine-infused bath for two.

Gill Lankafushi's luxurious spa is comprised of glass-floored treatment rooms, a sauna, a steam room and plentiful relaxation areas connected by open-air walkways.

From immersive, one-to-five-day wellness journeys to new active programmes that combine surfing and scuba diving with tailored spa treatments, there is something for everyone at Gill Lankafushi.

Visit [www.gill.lankafushi.com](http://www.gill.lankafushi.com) for more information.

#### SOUTH AFRICA

Great Plains, an eco-tourism organisation, has announced an assortment of wildly relaxing treatments now available at Selinda Camp in Botswana. The treatments, which can be enjoyed within one of the tents or out on the pool deck, include the 'Great Plains Renewal', which consists of dry body brushing, exfoliation and an African back massage utilising local ingredients. Assisting with muscle relief, it provides a general feeling of well-being perfect for combating jet lag on arrival.

Alternatively, the 'Out of Africa Couples Treatment' is an experience for two that includes body exfoliation, a facial massage and a body massage using a specially formulated tranquility balm rich in natural extracts.

Resting on the banks of the Selinda Spillway, Selinda Camp is situated within the private 130,000-hectare Selinda reserve. This pristine area is home to elephants by the thousands, wild dogs and the famous Selinda Lion Pride. Selinda Camp was completely refurbished in June 2019 and can accommodate up to six guests sharing three tented villas, including a family room where children are welcome. Each room has a private pool and in-room exercise equipment to assist in working off the sensational food and wine served at the camp's fine dining show kitchen. Activities include morning and evening game drives, guided walks, local culture visits, in-room spas, wellness treatments and so much more.

Discover more at [www.greatplainsconservation.com](http://www.greatplainsconservation.com)



#### SPAIN

Luxury villa specialist Purple Summer has unveiled the newest addition to its portfolio, Villa Can Totes in Mallorca. The breathtaking residence in Palleria sleeps up to eight people in four air-suite bedrooms and is available to book for stays throughout 2023.

The ideal pick for wellness seekers, Purple Summer can arrange several in-villa spa treatments for guests of Can Totes, from blow dries to massages and mani-pedis. Guests can even combine a scalp and head massage, which incorporates relaxing, local Mallorca oils, with a spot of guided meditation and yoga for a truly restorative experience for the body and mind, all of which can be arranged within the lush greenery of the villa's private garden.

Residents of the sprawling property will have access to their very own private chef, who can continue their wellness journey with the creation of a bespoke healthy meal plan. From low-calorie tasting menus to freshly-squeezed detoxing juices, couples can choose nutritious options that utilise the freshest local produce, all without compromising on flavour.

Find out more at [www.purplesummer.com](http://www.purplesummer.com)



#### TURKEY

Set within a private bay in Fethiye, Turkey, the new chic boutique resort, Yazz Collective, invites guests to disconnect from everyday life and create long-lasting memories in its idyllic surroundings.

The 16 spacious guest houses are decorated in serene earth tones, complete with light chestnut furnishings to contrast the resort's lush greenery, plush bedding, outdoor showers, colourful art pieces, and floor-to-ceiling windows that offer plenty of light to create an overall feeling of serenity.

An on-site art gallery showcasing works of renowned Turkish painters and sculptors is available to visit, and couples can also create their very own masterpieces in workshops led by resident artists.

Boasting an unrivalled location on the Aegean coastline, the resort is also home to an all-day beach restaurant with menus featuring seasonal ingredients and local produce, a bustling bar and relaxing spa cabanas that offer traditional Balinese treatments.

Click the link to find out more [www.yazzcollective.com](http://www.yazzcollective.com)

#### GREECE

Longo Design Hotel & Spa is an adults-only five-star boutique hotel nestled in a stunning location on the charming island of Kos, Greece, by the famous Lomita Beach. Recently opened for the season, it's designed with the wellbeing and relaxation of its guests in mind. Chill by the pool or beach restaurants at the Idolo Spa and indulge in the local astronomically inspired dishes at the KOAN restaurant.

The Longo experience starts from the minute couples check in to one of the 54 deluxe rooms and suites, some with private pools, others with views, but all feature luxurious amenities, high-end technology and modern comforts.

The Idolo Spa is inspired by the Mediterranean, it's a 300-metre square haven where guests can relax at the heated indoor pool, sauna or steam bath and book a relaxing treatment or massage.

To find out more, visit [www.longohotel.com](http://www.longohotel.com)



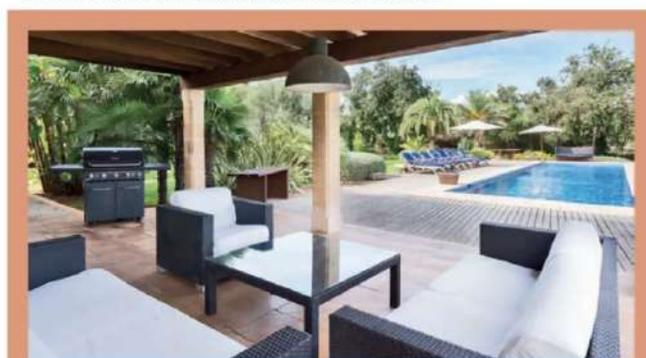
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### SPAIN

Luxury villa specialist Purple Summer has unveiled the newest addition to its portfolio, Villa Can Totxa in Mallorca. The breathtaking residence in Pollença sleeps up to eight people in four en-suite bedrooms and is available to book for stays throughout 2023.

The ideal pick for wellness-seekers, Purple Summer can arrange several in-villa spa treatments for guests of Can Totxa, from blow dries to massages and mani-pedis. Guests can even combine a scalp and head massage, which incorporates relaxing, local Mallorcan oils, with a spot of guided meditation and yoga for a truly restorative experience for the body and mind, all of which can be arranged within the lush greenery of the villa's private garden.

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## SPECIAL



treatments for guests and Health Club. A combination of silk craft and the 'Signature Silk' relaxing and soothing treatments, the therapist will help to release toxins and reduce tension, encouraging

level with spectacular 360-degree views. With a rich history, it's home to 170 luxury suites to choose from, available 24 hours a day.

